

UNDER 8's Skills Center Program



for players born in
2012 & 2013

- The Skill Centre provides an age and stage appropriate learning environment **for all players, regardless of their baseline skill levels and game understanding.**

- The Skill Centre is not to replace other grassroots programs, rather training at the Skill Centre complements these programs by enriching each players learning and development.
- Program is structured **following the Canada Soccer and FIFA Preferred Training Model.** In this approach each training session is built around activity "stations" that the players move around at regular intervals.
- The stations focus on, Fundamental Movement, Soccer Technique, Coordination, and Small Sided Games.

Length of Program: 9 weeks

Cost: \$90.00

Day/Time: Sundays—1:00pm---2:00 pm

Start: October 20th End: December 15th

A second program will be offered in the New Year. Details to follow in December.

You can pay and register in three ways:

* Drop your registration form & fee off at the Indoor Soccer Facility during regular business hours.

* Mail your registration form to: 38 Gary Pearl Dr, Kentville B4N -0H4

* Email the completed form to vdsadirector@ns.aliantzinc.ca and bring payment at first session.

Registration Form

Name: _____

DOB: _____ Town: _____

Email Address: _____

Home Phone: _____

Parent's Names: _____

Mother's Cell: _____

Father's Cell: _____

Medical Awareness

