

# UNDER 6's Skills Center Program



for players born in  
2014 & 2015

- The Skill Centre provides an age and stage appropriate learning environment **for all players, regardless of their baseline skill levels and game understanding.**

- The Skill Centre is not to replace other grassroots programs, rather training at the Skill Centre complements these programs by enriching each players learning and development.
- Program is structured **following the Canada Soccer and FIFA Preferred Training Model.** In this approach each training session is built around activity "stations" that the players move around at regular intervals.
- The stations focus on, Fundamental Movement, Soccer Technique, Coordination, and Small Sided Games.

**Length of Program: 9 weeks**

**Cost: \$80**

**Day/Time: Sundays 12:00-1:00 pm**

**Start Date: October 20<sup>th</sup>**

**End Date: December 15<sup>th</sup>**

A second program will be offered in the New Year. Details to follow in December.

**You can pay and register in three ways:**

\* Drop your registration form & fee off at the Indoor Soccer Facility during regular business hours.

\* Mail your registration form to 38 Gary Pearl Dr, Kentville B4N-0H4

\* Email the completed form to

[vdsadirector@ns.aliantzinc.ca](mailto:vdsadirector@ns.aliantzinc.ca) and bring payment at first session.

## **Registration Form**

Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Town: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Mother's Cell: \_\_\_\_\_

Father's Cell: \_\_\_\_\_

## **Medical Awareness**

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